

EAGLES N.E.S.T. VIRTUAL ACADEMY

COURSE DESCRIPTIONS

SESSION TWO

EAGLES CHEERLEADING CAMP

Instructor: Marissa Mahilo

Join Avon's head cheerleading coach, Marissa Mahilo as she teaches jumps, motions, cheers! Let's get AVON PROUD and LOUD with our Eagles Cheerleading Camp!



FRENCH ADVENTURES

Instructor: Agata Niemojewska

During each weekly session, students discover fun facts about French-speaking countries, learn new vocabulary, expressions, French songs and rhymes!



READY, SET, ACTION!

Instructor: Gabie Catana

Owner of Avon Performing Arts, Gabie will lead students in the basics of acting, improv and much more!



SPANISH WORKSHOP

Instructor: Carmen Gonzalez

During weekly sessions, students will learn not only the Spanish language, but also a little bit about the Spanish culture, songs and games.



BEDTIME YOGA

Instructor: Kathy Nash

A great way to calm your child's body and mind before bed! A combination of high energy movement and some relaxing yoga poses and final rest with a guided meditation to help them fall asleep.

