## EDUCATIONAL SERVICE CENTER

OF LAKE ERIE WEST

#### Dates

September 30, 2025 October 28, 2025 November 18, 2025 January 27, 2026

#### Time:

3:30 - 4:30 pm

#### Location:

Virtual through Zoom

#### **Contact Hours:**

1 contact hour per session attended.

#### **Target Audience:**

Teachers, classroom aides, school support staff, tutors, administrators, and any other education employee who work with students.

#### Contact:

Aimee Mendelsohn at amendelsohn@esclakeeriewest. org

To register and pay, scan the QR code or click here.



Aligns with the Ohio Department of Education & Workforce's 4 Priorities



Literacy



Learning Acceleration



Student Wellness

Workforce Readiness

# Wired to Learn: Strengthening Executive Function for School and Life

This professional development series is designed to help educators understand, recognize, and support executive function skills in students. Each session highlights practical strategies for building attention, organization, working memory, and self-regulation, all critical skills for both academic success and lifelong learning. From foundational understanding to classroom routines and content-specific supports in reading, writing, and math, participants will gain tools they can immediately apply to empower every learner.

### **Workshop Dates and Topics:**

- 9-30-2025: Executive Function 101: What It Is & Why It Matters
- 10-28-2025: Recognizing Executive Function Challenges in the Classroom
- 11-18-2025: Building Executive Function Skills Through Daily Routines
- 1-27-2026: Supporting Executive Function Through Reading, Writing & Math

