

North Caddo Magnet High School
Ladies In Red
Intent To Try-Out
DUE: March 17, 2026



Tryout Eligibility:

1. The candidate must be a currently enrolled freshman, sophomore, or junior at North Caddo Magnet High School.
2. Candidates must be entering the 9th, 10th, 11th, or 12th grade of the next school year.
3. Candidates must have permission to try-out with an intent-to-run form.
4. Candidates must attend all Clinic practice sessions unless excused by the director prior to the session missed. School related activities are excused. The candidate is responsible for any material missed from that session.
5. Candidates must be present 1 hour at school to participate in the clinic for that day, excused or unexcused. Only students who attend an away school function will be able to participate in the clinic practice that day.
6. Candidates must submit a \$25 **non-refundable** try-out fee. The tryout fee is used to pay for judging and instructional fees.
7. Grade point average is a 2.5 and NO F's. A student may try-out while on academic probation (at the discretion of the sponsor) with the awareness that they will be terminated from the squad at the end of the current school year if their grade point average remains below the required 2.5 average and has F's on the semester grades.
8. A candidate must have at least 3 recommendations from her teachers.
9. A candidate trying out for Ladies in Red must have been a member in good standing of a Spirit Group, Band, Dance/Cheer Team or Performance Group, or ROTC for at least one year prior to try-outs. Students transferring to North Caddo will be required to submit proof of membership in a similar spirit group at their previous school. A girl may not try-out if she has previously been on Ladies in Red and resigned or been suspended from the team.
10. All school related fees must be paid before candidates try-out.
11. A candidate may try-out if she has not been suspended for the current school year.
12. A candidate will need black leggings/leotard, black form-fitting shirts, and white tennis shoes for the tryout. For the clinic, they will need an athletic/workout outfit...No loose fitting clothing or JEANS or CONVERSE! Be sure to wear actual Tennis Shoes with athleisure attire.
13. The dancers will try-out in small groups before a panel of judges and the sponsor. If not all of the judges show up, then try-outs will continue with the number of judges present.
14. Try-outs will be a closed session.
15. Ladies in Red members who will be seniors and have gone through try-outs 2

times in the past will not be required to try-out. If an Intent to Run form and fee is paid, they will be automatically added to the team. They will still have to attend the clinic and help with try-outs.

Scoring

1. The judges' scores are the main category of points. The candidate will be evaluated on a variety of dance requirements that must be met in order to be a member. Judges sheets are determined by the sponsor.
2. Ladies in Red candidates must score within the natural break of tryout scores to be on the squad.
3. The sponsor of North Caddo's Ladies in Red spirit group will review the list of recommendations from judges and consider each candidate according to their physical ability (as graded by the judges), attendance, attitude, teacher recs, and discipline record at school and during practice/clinic. The list will be posted on the evening of try-outs.
4. Score sheets will be tallied by the auditor approved by the administrators.
5. The final list will be posted on the evening of try-outs. All decisions are FINAL!

Try-out Procedures:

1. Intent to Try-out Forms & Fees due at the end of mandatory parent meeting, March 17, 2026.
2. Parent & Candidate Information Meeting Tuesday, March 17, 2026, at 6:00 p.m. in the library. This in-person meeting is mandatory for parents to receive pertinent information concerning responsibilities, costs, and expectations of the North Caddo's Ladies in Red.
3. Try-out Clinic March 18-March 19, 2026. Material will be developed and taught by a qualified dance instructor.
4. Try-outs will be Friday, March 20, starting at 5:30 PM sharp. On that day candidates will be judged by qualified judges in a closed session on the following skills: appearance, coordination, technique, flexibility, splits, kicks, toe touch, pirouette appearance, and smile. Judging results will be kept confidential. The sponsor and an administrative representative will review the list of recommendations from judges and approve the 2026-2027 Ladies in Red Danceline. The new team will be posted on the Ladies In Red Facebook and Instagram accounts. An administrator will answer any questions or comments concerning the selection of the Ladies in Red by appointment through the school office.

Parent Permission:

My child, _____, has my permission to try-out for North Caddo Magnet High School's "Ladies in Red" danceline.

- I understand that she must abide by the rules and regulations set forth by the sponsor and the administration of North Caddo Magnet High School and be present for all practices and games. I understand and give permission for my daughter to ride with the sponsor and /or other parents when necessary.

- I understand that this form must be completed and returned to Mrs. Briggs by **March 17th** by the end of mandatory parent meeting. The rules and regulations **ALONG WITH** the signed constitution must be signed and completed by **March 17th**. Payment of **\$25** try out fee must be paid by **March 17th**. If the necessary paperwork/payment is not completed by these deadlines, I understand that my child will not be allowed to try-out.

-I understand that my child must attend the try-out clinic sessions on **March 18-19th 4:45-6:45 pm (unless prior arrangements have been discussed)**, or my child will not be considered for membership on the Ladies in Red danceline. I understand that qualified, impartial judges will evaluate my daughter, and we agree to abide by the decision of the judges.

- I understand the costs involved as stated at the parent meeting.

- I understand that by the very nature of the activity, danceline activities carry a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what type of landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries, such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks; therefore I will not hold Caddo Parish School Board, North Caddo Magnet High School, or any of its personnel responsible in the case of accident or injury at any time.

(Parent Signature) (Date)

(Parent Signature) (Date)

Parent Phone # _____

Email _____

Student Commitment:

I am interested in being a member of the Ladies in Red at North Caddo Magnet High School. I understand the risks stated above. If selected, I promise to abide by the rules and regulations set forth by the sponsor and the administration of North Caddo Magnet High School. I promise to cooperate and follow the instructions of the sponsor.

(Student Signature) (Date)

Student Phone # _____

Email _____

***Please sign and return to Mrs. Briggs by **March 17th**.