

**EDUCATIONAL
SERVICE CENTER**

OF LAKE ERIE WEST



Date:

December 15, 2025

Location:

ESC of Lake Erie West
2275 Collingwood Blvd
Toledo, OH

Time(s):

8:30 am - 3:00 pm

Target Audience:

All Educators K-12

Contact:

Angie Rehtine at
arehtine@esclakeeriewest.org

To register - open the document and click here or scan QR code:



Aligns with the Ohio Department of Education & Workforce's 4 Priorities

- Literacy
- Learning Acceleration
- Student Wellness
- Workforce Readiness

Supporting Emotional Regulation in the Classroom

A student's capacity to appropriately regulate his or her emotions directly affects academic performance, behavior, and their overall ability to be successful.

Supporting the skill of emotional regulation can be pivotal in establishing a positive climate, fostering positive peer relationships and encouraging appropriate behavior in the classroom



Join us at the ESC of Lake Erie West for a full day in-person session focused on fun, engaging, and easy strategies to teach and support emotional regulation in your school area.

Specific tools, interventions, and strategies designed for "next day" implementation will be shared.