

**EDUCATIONAL
SERVICE CENTER**

OF LAKE ERIE WEST

Dates (Pick one to attend):

August 22, 2026
September 25, 2026
November 7, 2026
January 15, 2027
February 6, 2027
May 14, 2027

Location:

2275 Collingwood
Boulevard, Toledo, OH
43620

Time(s):

8:30 am - 3:30 pm, one hour
lunch on your own

Contact Hours:

6 contact hours

Target Audience:

Teachers, classroom aides, school
support staff, counselors,
administrators, and any other
education employee who may
encounter students in crisis.

Contact:

Lisa Peluso at
lpeluso@esclakeeriewest.org

**To register and pay,
click or scan here:**



Aligns with the Ohio Department of
Education & Workforce's 4 Priorities

- ☐ Literacy
- ☐ Learning Acceleration
- ☒ Student Wellness
- ☐ Workforce Readiness

2026-27 School Year

Ukeru

TRAUMA INFORMED CARE

Ukeru® is the only restraint-free program that combines hands-on training, theoretical concepts, practical tools, and specialized equipment to safely manage and diffuse crises.

Ukeru's conceptual framework is straightforward, but also validated by comprehensive trauma research. Customized to fit the unique needs of each organization, Ukeru® offers hands-on participant trainings as well as a "train-the-trainer" series. Training is straightforward and easy to implement, and focuses on what caregivers want to do most: communicate effectively with the individuals they serve and diffuse stressful, escalating behaviors. Each training covers:

- Verbal and nonverbal communication to convert/divert an aggressive individual
- Physical release techniques that keep both client and caregiver safe
- Physical re-direction to avoid injury and self-harm
- Safe Blocking®—the only trauma-informed, restraint-free blocking technique

To find out more, visit Ukeru's website at:
www.ukerusystems.com



ukeru