

EDUCATIONAL SERVICE CENTER

OF LAKE ERIE WEST

Date:

Sept. 10, 2026

Location:

2275 Collingwood
Blvd., Toledo, OH

Time(s):

8:30 am - 12:00 pm

Contact Hours:

3.50 contact hours

Target Audience:

All Administrators &
Educators K-5

Contact:

Angie Rechtine at
arechtine@esclakeeriewest.org

**To register and pay, click
or scan here:**



Aligns with the Ohio Department of
Education & Workforce's 4 Priorities

- ☐ Literacy
- ☒ Learning Acceleration
- ☒ Student Wellness
- ☐ Workforce Readiness



THE ZONES OF REGULATION

Join us for an in-person collaborative and informative session on the newly updated Zones of Regulation program.

During this session, participants will have the opportunity to view and discuss curriculum training webinars, focusing on:

- Regulation 101
- The new Zones digital curriculum: What it looks like and how to use it
- Zones program implementation guidance and planning

The Zones of Regulation program is an award-winning, evidence and research based curriculum designed to teach and support regulation skill sets. Current program research findings show measurable outcomes in:

- Stronger self-regulation skills and more positive social interactions
- Lower levels of emotional dysregulation and maladaptive behaviors
- Gains in academic performance and learner engagement
- Fewer suspensions, expulsions, and other exclusionary practices
- Increased leader confidence and use of teaching strategies