

## EDUCATIONAL SERVICE CENTER

OF LAKE ERIE WEST

**Date:**

May 14, 2026

**Location:**

2275 Collingwood  
Blvd., Toledo, OH

**Time(s):**

8:30 am - 12:00 pm

**Contact Hours:**

3.50 contact hours

**Target Audience:**

All Administrators &  
Educators K-5

**Contact:**

Angie Rechtine at  
arechtine@eslakeeriewest.org

To register and pay, click  
or scan here:



Aligns with the Ohio Department of  
Education & Workforce's 4 Priorities

- Literacy
- Learning Acceleration
- Student Wellness
- Workforce Readiness



# THE ZONES OF REGULATION

Join us for an in-person collaborative and informative session on the newly updated Zones of Regulation program.

During this session, participants will have the opportunity to view and discuss curriculum training webinars, focusing on:

- Regulation 101
- The new Zones digital curriculum: What it looks like and how to use it
- Zones program implementation guidance and planning

The Zones of Regulation program is an award-winning, evidence and research based curriculum designed to teach and support regulation skill sets. Current program research findings show measurable outcomes in:

- Stronger self-regulation skills and more positive social interactions
- Lower levels of emotional dysregulation and maladaptive behaviors
- Gains in academic performance and learner engagement
- Fewer suspensions, expulsions, and other exclusionary practices
- Increased leader confidence and use of teaching strategies