EDUCATIONAL SERVICE CENTER OF LAKE ERIE WEST



Emotional Regulation

in the Classroom

Date:
Dec. 2, 2026

Location:
2275 Collingwood Blvd. Toledo, OH

Time(s):
8:30 am - 3:00 pm

Contact Hours:
5.5 Contact Hours

Target Audience:
All Educators K-12

Contact:
Angie Rechtine at arechtine@esclakeeriewest.org

To register and pay, click or scan here:



A student's ability to appropriately regulate his or her emotions directly affects academic performance, behavior, and their overall ability to be successful.

Join us for a full day, in-person session focused on fun, engaging, and easy strategies to teach and support emotional regulation in your school area.

Specific tools, interventions, and techniques designed for "next day" implementation will be shared.

Aligns with the Ohio Department of Education & Workforce's 4 Priorities

- [ ] Literacy
- [x] Learning Acceleration
- [x] Student Wellness
- [x] Workforce Readiness