

## Ranch Life

- Spend time in the organic garden discovering natural farming methods.
- Tend to ranch animals, such as cows, goats, and horses, as the early settlers did.
- Practice packing a saddle for the journey ahead.
- Learn to ride a horse and participate in an actual trail ride while learning the history of the cattle industry in Texas.
- Discuss and learn about famous cattle trails, and participate in a cattle drive game where they gain experience in choosing what supplies to bring.

## **American Indians**

An interactive journey back in time, the AMERICAN INDIANS course exposes students to the American Indian culture by hands-on learning and examination through the eyes of the early explorers. During the class, students will:

- "Join" Rene-Robert Cavelier, Sieur de La Salle as the first European explorer to enter East Texas.
- "Meet" woodland and plains Indians and learn how they lived before the influence of European culture.
- Compare and contrast the structure of a tipi and a wigwam.
- Taste samples of foods eaten by many American Indian tribes.
- Learn to hunt with a bow and arrow.
- Hold tools crafted with bone, stone, and sinew.
- Make a bead bracelet and learn how paints were developed and used.
- Experience a Pow Wow and receive an individual tribal name.
- Observe a native winter count and learn how to create their own.

## **Challenges**

- Discover the value of good communication skills, along with trust and cooperation.
- Utilize creativity and high level critical thinking skills while working together as a team to solve problems and accomplish goals.
- Learn to lead, as well as follow, in order to achieve a common purpose.
- Build individual character and confidence as well as strengthen team dynamics within collaborative groups.