

Summer Session 2019



Delaware Valley Adult & Community Education

Educating for Life's Journey



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Delaware Valley School District
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The Delaware Valley School District is an equal opportunity agency and does not discriminate because of race, color, national origin, religion, age, gender, marital status, or non-relevant handicaps and disabilities as defined by law.

DELAWARE VALLEY ADULT & COMMUNITY EDUCATION

REGISTRATION INFORMATION

ATTENTION: CHANGE IN REGISTRATION PROCEDURES

DV-ACE registration (excluding summer camp) can now be completed online using a credit or debit card.

Visit https://www.dvsd.org/ and click on DV-ACE Information on the right-side menu or under the Community tab at the top of the page. If unable to register online, please mail the form on the last page of this catalog to DV-ACE along with your payment.

Notice to All Participants:

Non-residents are required to pay a \$20.00 non-resident fee for each class they are registering for, with a maximum amount of \$60.00 per participant or family. Notifications will NOT be mailed prior to the start of classes. Keep this catalog for the start date, time, and location information. Courses that do not have sufficient enrollment may be cancelled. You will be notified only if your class is cancelled, and your registration fee will be refunded. All participants are responsible to provide their own project materials and/or textbooks to be discussed in class. NO REFUNDS will be given after the first class begins! All courses have limited enrollments. If you have any questions please contact Beth Shomaker at (570) 296-3615 or eshomaker@dvsd.org.

Abbreviations Used in This Catalog

DVES — Delaware Valley Elementary School, 500 Ave. S., Matamoras, PA
DVMS — Delaware Valley Middle School, Rt. 6 & 209, Milford, PA
DVHS — Delaware Valley High School, Rt. 6 & 209, Milford, PA
DDPS — Dingman-Delaware Primary School, Rt. 739, Dingmans Ferry, PA
DDES — Dingman-Delaware Elementary School, Rt. 739, Dingmans Ferry, PA

DDMS — Dingman-Delaware Middle School, Rt. 739, Dingmans Ferry, PA
SES — Shohola Elementary School, Twin Lakes Rd., Shohola, PA
ARC — American Red Cross
TBA — To Be Announced; TBD — To Be Determined
THE DAYS OF THE WEEK are listed as M (Monday); T (Tuesday); W (Wednesday); R (Thursday); F (Friday); S (Saturday)

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GENERAL EDUCATION

COURSE: #101 Driver's Training "Behind the Wheel"
ROOM: Entrance Foyer **DAY:** TBD
BLDG: DVHS **TIME:** TBD
OF SESSIONS: 6 **COST:** \$245.00
AGE REQUIREMENTS: Must have a Pennsylvania Learner's Driving Permit
SCHEDULED CLASSES: TBD
COURSE DESCRIPTION: This is a beginner's driving course for students with a Pennsylvania Learner's Driving Permit. It is a 6-hour "Behind the Wheel" course with driving sessions to be scheduled in the evenings, weekdays, or weekends, beginning sometime after June 24, 2019. The schedule will be established by the instructor and student. The \$245.00 fee includes 6 hours of driving time. Prerequisite: 30 hours of classroom.
INSTRUCTORS: Dan Quinlan & Sean Giblin

PERSONAL ENRICHMENT

COURSE: #201 Read with Me Storytime
ROOM: Art Room **DAY:** M
BLDG: SES **TIME:** 12:00PM - 1:00PM
OF SESSIONS: 4 **COST:** \$24.00
AGE REQUIREMENTS: Grades Pre-K to 1 (2019-2020)
SCHEDULED CLASSES: Jun 24; Jul 1, 8, 15
COURSE DESCRIPTION: This course will include a storytime along with a fun craft to coincide with the theme of each week. Each participant will be required to bring a \$5 material fee to the first day of class. Registration for this course requires that the parent/guardian accompany his/her child throughout the program.
INSTRUCTOR: Natalie Loeffler

COURSE: #202 Pinterest Crafts for Kids
ROOM: C4 **DAY:** T, W, R, F
BLDG: DDES **TIME:** 9:00AM - 11:30AM
OF SESSIONS: 12 **COST:** \$88.00
AGE REQUIREMENTS: Grades 4 to 6 (2019-2020)
SCHEDULED CLASSES: Jun 25, 26, 27, 28; Jul 1*, 2, 3, 5, 9, 10, 11, 12
COURSE DESCRIPTION: This course will allow students to make fun and exciting crafts inspired by Pinterest. Crafts may include finger knitting, cardboard roll snake knitting, string art, painting, weaving, origami, duct tape crafts, paper mâché, pom-poms made from yarn or paper, and learning how to make air-dry clay, foam, slime, and puffy paint. Each participant will be required to bring a \$30 material fee to the first day of class and must wear old clothes or a smock. *July 1 class is on a Monday. No class on July 4.
INSTRUCTOR: Lara Winkler

**DV-ACE OFFICE HOURS ARE:
 MONDAY-FRIDAY 8:00AM-1:00PM**

**SECRETARY CONTACT INFORMATION:
 ELIZABETH (BETH) SHOMAKER
 CALL (570) 296-3615
 OR EMAIL ESHOMAKER@DVSD.ORG**

*Please note:
 Secretary's office location has changed. Call to
 schedule an appointment before stopping by.*

FITNESS & RECREATION

COURSE: #301 Beginner Tennis for Kids
ROOM: Outdoor Tennis Courts* **DAY:** W & R
BLDG: DVHS **TIME:** 10:00AM - 11:30AM
OF SESSIONS: 7 **COST:** \$40.00
AGE REQUIREMENTS: Grades 3 to 6 (2019-2020)
SCHEDULED CLASSES: Jun 26, 27; Jul 3, 10, 11, 17, 18
COURSE DESCRIPTION: Participants will learn to play tennis competitively. They will have instruction in forehand, backhand, their serve, and net play. Student must wear sneakers and bring their own racquet and a bottle of water.
 *Indoor green gym may be used when raining.
INSTRUCTOR: Kathy Stiger

COURSE: #302 Ultimate Frisbee
ROOM: Front Athletic Fields* **DAY:** M
BLDG: DVHS **TIME:** 5:00PM - 7:00PM
OF SESSIONS: 6 **COST:** \$60.00
AGE REQUIREMENTS: Grades 7 to 12 (2019-2020)
SCHEDULED CLASSES: Jun 24; Jul 1, 8, 15, 22, 29
COURSE DESCRIPTION: Participants of this course will be educated about the sport of Ultimate Frisbee while also exercising in a friendly competition among the other participants. Each participant will be required to bring a \$5.00 material fee to the first night of the course. *Indoor DV Middle School gym may be used when raining.
INSTRUCTOR: Jesse Feiss

COURSE: #303 Cardio & Tone
ROOM: Gymnasium **DAY:** R
BLDG: SES **TIME:** 4:00PM - 5:00PM
OF SESSIONS: 4 **COST:** \$24.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Jun 27; Jul 11, 18, 25
COURSE DESCRIPTION: This course provides participants with low impact exercises, including dance, walking, and kickboxing, along with alternating toning for a 45 minute total body workout. Each participant will be required to bring a mat, 3 lb. or light hand weights, and a water bottle.
INSTRUCTOR: Madeleine Loeffler

AQUATICS & SWIMMING

COURSE: #401 ARC - Parent & Child Aquatics
ROOM: Natatorium **DAY:** W
BLDG: DVHS **TIME:** 1:00PM - 1:30PM
OF SESSIONS: 6 **COST:** \$50.00
AGE REQUIREMENTS: Ages 18 to 36 months
SCHEDULED CLASSES: Jun 26; Jul 3, 10, 17, 24, 31
COURSE DESCRIPTION: This American Red Cross course is designed to familiarize young children from 18 to 36 months with the water and prepare them to learn to swim. It is not designed to teach children to become good swimmers or how to survive in the water on their own. Registration for this course requires that the child be toilet trained and a parent accompany his/her child in the water during instruction. Limited to 8 students.
INSTRUCTOR: Grace Riexinger

COURSE: #402 ARC - Preschool Aquatics Level I
ROOM: Natatorium **DAY:** T
BLDG: DVHS **TIME:** 11:30AM - 12:00PM
OF SESSIONS: 6 **COST:** \$50.00
AGE REQUIREMENTS: Ages 3 to 5
SCHEDULED CLASSES: Jun 25; Jul 2, 9, 16, 23, 30
COURSE DESCRIPTION: This American Red Cross course is designed to familiarize preschool-age children with the aquatic environment and help them acquire rudimentary levels of basic aquatic skills. This course is intended for children between the ages of 3 and 5 years old. There are no skill prerequisites for Preschool Aquatics Level I. Limited to 8 students.
INSTRUCTOR: Kathy Stiger

**TAKE NOTE! If A CLASS IS CANCELLED, THE NEXT CLASS TO BE HELD
 FOLLOWS THE SCHEDULE THAT IS POSTED IN THIS CATALOG.**



AQUATICS & SWIMMING

IMPORTANT REMINDER TO PARENTS
Please register your child(ren) for the appropriate age/ability level. There will be NO CHANGES of levels or refunds once classes have begun.

COURSE: #403 ARC - Preschool Aquatics Level I
ROOM: Natatorium **DAY:** T
BLDG: DVHS **TIME:** 1:30PM - 2:00PM
OF SESSIONS: 6 **COST:** \$50.00
AGE REQUIREMENTS: Ages 3 to 5
SCHEDULED CLASSES: Jun 25; Jul 2, 9, 16, 23, 30
COURSE DESCRIPTION: This American Red Cross course is designed to familiarize preschool-age children with the aquatic environment and help them acquire rudimentary levels of basic aquatic skills. This course is intended for children between the ages of 3 and 5 years old. There are no skill prerequisites for Preschool Aquatics Level I. Limited to 8 students.
INSTRUCTOR: Kathy Stiger

COURSE: #404 ARC - Preschool Aquatics Level I
ROOM: Natatorium **DAY:** W
BLDG: DVHS **TIME:** 10:00AM - 10:30AM
OF SESSIONS: 6 **COST:** \$50.00
AGE REQUIREMENTS: Ages 3 to 5
SCHEDULED CLASSES: Jun 26; Jul 3, 10, 17, 24, 31
COURSE DESCRIPTION: This American Red Cross course is designed to familiarize preschool-age children with the aquatic environment and help them acquire rudimentary levels of basic aquatic skills. This course is intended for children between the ages of 3 and 5 years old. There are no skill prerequisites for Preschool Aquatics Level I. Limited to 8 students.
INSTRUCTOR: Grace Riexinger

COURSE: #405 ARC - Preschool Aquatics Level II
ROOM: Natatorium **DAY:** W
BLDG: DVHS **TIME:** 10:30AM - 11:00AM
OF SESSIONS: 6 **COST:** \$50.00
AGE REQUIREMENTS: Ages 3 to 5
SCHEDULED CLASSES: Jun 26; Jul 3, 10, 17, 24, 31
COURSE DESCRIPTION: This American Red Cross course is designed to build on the basic aquatic skills learned in Preschool Level I and is intended for children between the ages of 3 and 5 years old. Prerequisite: Students in this course must successfully complete a prior Preschool Aquatics course. Limited to 8 students.
INSTRUCTOR: Grace Riexinger

COURSE: #406 ARC - Preschool Aquatics Level II
ROOM: Natatorium **DAY:** W
BLDG: DVHS **TIME:** 1:30PM - 2:00PM
OF SESSIONS: 6 **COST:** \$50.00
AGE REQUIREMENTS: Ages 3 to 5
SCHEDULED CLASSES: Jun 26; Jul 3, 10, 17, 24, 31
COURSE DESCRIPTION: This American Red Cross course is designed to build on the basic aquatic skills learned in Preschool Level I and is intended for children between the ages of 3 and 5 years old. Prerequisite: Students in this course must successfully complete a prior Preschool Aquatics course. Limited to 8 students.
INSTRUCTOR: Grace Riexinger

PLEASE NOTE: IT IS THE PARENT/GUARDIAN'S RESPONSIBILITY TO MAKE SURE THEIR CHILDREN ARE USING POOL FACILITIES PROPERLY.

AQUATICS & SWIMMING

COURSE: #407 ARC - Preschool Aquatics Level III
ROOM: Natatorium **DAY:** T
BLDG: DVHS **TIME:** 1:00PM - 1:30PM
OF SESSIONS: 6 **COST:** \$50.00
AGE REQUIREMENTS: Ages 3 to 5
SCHEDULED CLASSES: Jun 25; Jul 2, 9, 16, 23, 30
COURSE DESCRIPTION: This American Red Cross course is designed to increase proficiency and to build on the basic aquatic skills learned in a prior Preschool Aquatics course. This course is intended for children between the ages of 3 and 5 years old. Prerequisite: students in this course must be able to glide through the water, roll onto their backs, and float. Limited to 8 students.
INSTRUCTOR: Kathy Stiger

COURSE: #408 Learn to Swim Level I - Tadpoles
ROOM: Natatorium **DAY:** T
BLDG: DVHS **TIME:** 2:00PM - 2:45PM
OF SESSIONS: 6 **COST:** \$60.00
AGE REQUIREMENTS: Grades K to 12
SCHEDULED CLASSES: Jun 25; Jul 2, 9, 16, 23, 30
COURSE DESCRIPTION: This Level I course is designed to familiarize participants with the aquatic environment and help them gain basic aquatic skills. In addition, participants start learning about how to be safe around water. Limited to 8 students.
INSTRUCTOR: Kathy Stiger

COURSE: #409 Learn to Swim Level I - Tadpoles
ROOM: Natatorium **DAY:** W
BLDG: DVHS **TIME:** 11:00AM - 11:45AM
OF SESSIONS: 6 **COST:** \$60.00
AGE REQUIREMENTS: Grades K to 12
SCHEDULED CLASSES: Jun 26; Jul 3, 10, 17, 24, 31
COURSE DESCRIPTION: This Level I course is designed to familiarize participants with the aquatic environment and help them gain basic aquatic skills. In addition, participants start learning about how to be safe around water. Limited to 8 students.
INSTRUCTOR: Grace Riexinger

COURSE: #410 Learn to Swim Level I - Tadpoles
ROOM: Natatorium **DAY:** W
BLDG: DVHS **TIME:** 11:45AM - 12:30PM
OF SESSIONS: 6 **COST:** \$60.00
AGE REQUIREMENTS: Grades K to 12
SCHEDULED CLASSES: Jun 26; Jul 3, 10, 17, 24, 31
COURSE DESCRIPTION: This Level I course is designed to familiarize participants with the aquatic environment and help them gain basic aquatic skills. In addition, participants start learning about how to be safe around water. Limited to 8 students.
INSTRUCTOR: Grace Riexinger

COURSE: #411 Learn to Swim Level II - Guppies
ROOM: Natatorium **DAY:** M
BLDG: DVHS **TIME:** 2:00PM - 3:00PM
OF SESSIONS: 6 **COST:** \$74.00
AGE REQUIREMENTS: Grades K to 12
SCHEDULED CLASSES: Jun 24; Jul 1, 8, 15, 22, 29
COURSE DESCRIPTION: This Level II course is designed to build on the basic aquatic skills and water safety skills and concepts learned in Level I. Participants begin gaining rudimentary propulsive skills on both the front and back. This level marks the beginning of independent aquatic locomotion skills. Limited to 10 students.
INSTRUCTOR: Grace Riexinger

DELAWARE VALLEY SCHOOL DISTRICT & DV-ACE ARE NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS.



AQUATICS & SWIMMING

COURSE: #412 Learn to Swim Level II - Guppies
ROOM: Natatorium **DAY: W**
BLDG: DVHS **TIME: 2:00PM - 3:00PM**
OF SESSIONS: 6 **COST: \$74.00**

AGE REQUIREMENTS: Grades K to 12

SCHEDULED CLASSES: Jun 26; Jul 3, 10, 17, 24, 31

COURSE DESCRIPTION: This Level II course is designed to build on the basic aquatic skills and water safety skills and concepts learned in Level I. Participants begin gaining rudimentary propulsive skills on both the front and back. This level marks the beginning of independent aquatic locomotion skills. Limited to 10 students.

INSTRUCTOR: Grace Riexinger

COURSE: #413 Learn to Swim Level II - Guppies
ROOM: Natatorium **DAY: F**
BLDG: DVHS **TIME: 1:00PM - 2:00PM**
OF SESSIONS: 6 **COST: \$74.00**

AGE REQUIREMENTS: Grades K to 12

SCHEDULED CLASSES: Jun 28; Jul 5, 12, 19, 26; Aug 2

COURSE DESCRIPTION: This Level II course is designed to build on the basic aquatic skills and water safety skills and concepts learned in Level I. Participants begin gaining rudimentary propulsive skills on both the front and back. This level marks the beginning of independent aquatic locomotion skills. Limited to 10 students.

INSTRUCTOR: Grace Riexinger

COURSE: #414 Learn to Swim Level III - Minnows
ROOM: Natatorium **DAY: M**
BLDG: DVHS **TIME: 1:00PM - 2:00PM**
OF SESSIONS: 6 **COST: \$74.00**

AGE REQUIREMENTS: Grades K to 12

SCHEDULED CLASSES: Jun 24; Jul 1, 8, 15, 22, 29

COURSE DESCRIPTION: This Level III course is designed to build on the skills learned in Levels I and II. Participants learn to swim the crawl and elementary backstroke at rudimentary proficiency levels and are introduced to the scissor and dolphin kicks. Participants learn the survival float and increase the time duration for treading water. Participants also learn the rules for headfirst entries and begin to learn to enter the water from the seated position at poolside (if the pool is 9 ft. deep or deeper). On successful completion of Level III, participants achieve basic water competency in a pool environment. Limited to 10 students.

INSTRUCTOR: Grace Riexinger

COURSE: #415 Learn to Swim Level III - Minnows
ROOM: Natatorium **DAY: F**
BLDG: DVHS **TIME: 10:00AM - 11:00AM**
OF SESSIONS: 6 **COST: \$74.00**

AGE REQUIREMENTS: Grades K to 12

SCHEDULED CLASSES: Jun 28; Jul 5, 12, 19, 26; Aug 2

COURSE DESCRIPTION: This Level III course is designed to build on the skills learned in Levels I and II. Participants learn to swim the crawl and elementary backstroke at rudimentary proficiency levels and are introduced to the scissor and dolphin kicks. Participants learn the survival float and increase the time duration for treading water. Participants also learn the rules for headfirst entries and begin to learn to enter the water from the seated position at poolside (if the pool is 9 ft. deep or deeper). On successful completion of Level III, participants achieve basic water competency in a pool environment. Limited to 10 students.

INSTRUCTOR: Grace Riexinger

**ONLINE REGISTRATION IS NOW
 AVAILABLE (excluding summer camp)
 Visit www.dvds.org and select DV-ACE
 from the right-side menu or under the
 Community tab at the top of the page.**

AQUATICS & SWIMMING

COURSE: #416 Learn to Swim Level IV - Sea Turtles
ROOM: Natatorium **DAY: F**
BLDG: DVHS **TIME: 2:00PM - 3:00PM**
OF SESSIONS: 6 **COST: \$74.00**

AGE REQUIREMENTS: Grades K to 12

SCHEDULED CLASSES: Jun 28; Jul 5, 12, 19, 26; Aug 2

COURSE DESCRIPTION: This Level IV course is designed to improve participants' proficiency in performing the swimming strokes that were introduced in Level III. Participants learn to perform these strokes with increased proficiency and swim them for greater distances. In addition, participants learn the arm actions that accompany the scissors kick and breaststroke kick in order to begin performing the sidestroke and breaststroke at rudimentary proficiency levels. Participants also learn the back crawl and butterfly at rudimentary proficiency levels, in addition to the basics of performing a simple open turn at the wall. Limited to 15 students.

INSTRUCTOR: Grace Riexinger

COURSE: #417 Learn to Swim Levels V & VI - Stingrays/Dolphins
ROOM: Natatorium **DAY: F**
BLDG: DVHS **TIME: 11:00AM - 12:00PM**
OF SESSIONS: 6 **COST: \$74.00**

AGE REQUIREMENTS: Grades K to 12

SCHEDULED CLASSES: Jun 28; Jul 5, 12, 19, 26; Aug 2

COURSE DESCRIPTION: Level V participants will refine their performance of all six swimming strokes (front crawl, back crawl, butterfly, breaststroke, and sidestroke). Participants perform these strokes with increased proficiency and are able to swim them for greater distances. Participants also learn to perform flip turns on the front and the back. Level V participants must be able to dive into deep water and swim the front crawl for 50 yards, change direction, and then swim the backstroke for 50 yards. In addition, they must be able to swim the breaststroke and back crawl for 25 yards.

Level VI participants will learn the appropriate turns for all strokes and to front dive from the diving board. Participants will also learn about Water Safety and Fitness. Level VI participants must be able to swim 500 yards using any 3 strokes of their choice, swimming at least 50 yards of each stroke. Limited to 15 students.

INSTRUCTOR: Grace Riexinger

COURSE: #418 Middle School Competitive Swimming
ROOM: Natatorium **DAY: T & R**
BLDG: DVHS **TIME: 8:00AM - 9:30AM**
OF SESSIONS: 11 **COST: \$154.00**

AGE REQUIREMENTS: Grades 6 to 8 (2019-2020)

SCHEDULED CLASSES: Jun 25, 27; Jul 2, 9, 11, 16, 18, 23, 25, 30; Aug 1

COURSE DESCRIPTION: This course will teach participants to perfect their swim strokes so they will swim faster during the swim season. Participants will learn how to dive into the water and do flip turns. A good foundation of swimming is needed to participate in this course. Limited to 15 students.

INSTRUCTOR: Grace Riexinger

REMEMBER TO REGISTER EARLY
 Courses may be cancelled due to a lack of enrollment.
 Please register early to avoid a course cancellation.

BE AN INSTRUCTOR — SUGGEST A COURSE

We welcome suggestions for new courses from individuals qualified to teach a non-credit course. If you have a skill, talent, or special knowledge that you would like to share, or would like to suggest a course, we would love to hear from you!

CALL (570) 296-3615 OR EMAIL eshomaker@dvds.org

**AQUATICS & SWIMMING**

COURSE: #419 Introduction to One Meter Diving
ROOM: Natatorium **DAY:** M, W, F
BLDG: DVHS **TIME:** 8:00AM - 10:00AM
OF SESSIONS: 9 **COST:** \$168.00
AGE REQUIREMENTS: Grades 6 to 12 (2019-2020)
SCHEDULED CLASSES: Jun 24, 26, 28; Jul 1, 3, 5, 8, 10, 12
COURSE DESCRIPTION: This course will teach participants the fundamentals of one meter diving. Participants will increase strength, flexibility, and body control. Participants must be able to swim in the deep end, just off the diving board without hesitation, and jump into the water without plugging their nose. Limited to 10 students.
INSTRUCTOR: Grace Riexinger

COURSE: #420 Introduction to One Meter Diving
ROOM: Natatorium **DAY:** M, W, F
BLDG: DVHS **TIME:** 8:00AM - 10:00AM
OF SESSIONS: 9 **COST:** \$168.00
AGE REQUIREMENTS: Grades 6 to 12 (2019-2020)
SCHEDULED CLASSES: Jul 15, 17, 19, 22, 24, 26, 29, 31; Aug 2
COURSE DESCRIPTION: This course will teach participants the fundamentals of one meter diving. Participants will increase strength, flexibility, and body control. Participants must be able to swim in the deep end, just off the diving board without hesitation, and jump into the water without plugging their nose. Limited to 10 students.
INSTRUCTOR: Grace Riexinger

COURSE: #421 Community Swim
ROOM: Natatorium **DAY:** T & R
BLDG: DVHS **TIME:** 6:00PM - 8:00PM
OF SESSIONS: 11 **COST:** Free to School District Residents
AGE REQUIREMENTS: All Ages
SCHEDULED CLASSES: Jun 25, 27; Jul 2, 9, 11, 16, 18, 23, 25, 30; Aug 1
COURSE DESCRIPTION: These sessions will be supervised by an adult instructor and several lifeguards. Participants will enjoy freedom of relaxing or exercising at their pace. Limited to 100 participants. There is a fee of \$3 per swim for non-residents of the school district, which must be paid in advance. After completing registration, non-residents will be mailed a pool pass. **INSTRUCTOR:** Kathy Stiger

COURSE: #422 Community Lap Swim
ROOM: Natatorium **DAY:** T & R
BLDG: DVHS **TIME:** 4:30PM - 6:00PM
OF SESSIONS: 21 **COST:** Free to School District Residents
AGE REQUIREMENTS: All Ages
SCHEDULED CLASSES: Jun 25, 27; Jul 2, 9, 11, 16, 18, 23, 25, 30; Aug 1, 6, 8, 13, 15, 20, 22, 27, 29; Sep. 3, 5
COURSE DESCRIPTION: This course is intended for lap swimming only. There is a fee of \$3 per person per swim for non-residents of the school district, which must be paid in advance. After completing registration, non-residents will be mailed a pool pass.
INSTRUCTOR: Kathy Stiger

COURSE: #423 Early Morning Swim and Stay Fit - June/July
ROOM: Natatorium **DAY:** M, T, W, R, F
BLDG: DVHS **TIME:** 7:00AM - 8:00AM
OF SESSIONS: 14 **COST:** \$54.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Jun 24, 25, 26, 27, 28; Jul 1, 2, 3, 5, 8, 9, 10, 11, 12
COURSE DESCRIPTION: This course is an adult lap swim for the early riser. Start your day off with a water workout.

COURSE: #424 Early Morning Swim and Stay Fit - July/August
ROOM: Natatorium **DAY:** M, T, W, R, F
BLDG: DVHS **TIME:** 7:00AM - 8:00AM
OF SESSIONS: 15 **COST:** \$56.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Jul 15, 16, 17, 18, 19, 22, 23, 24, 25, 26, 29, 30, 31; Aug 1, 2
COURSE DESCRIPTION: This course is an adult lap swim for the early riser. Start your day off with a water workout.

AQUATICS & SWIMMING

COURSE: #425 Early Morning Swim and Stay Fit - August
ROOM: Natatorium **DAY:** M, T, W, R, F
BLDG: DVHS **TIME:** 7:00AM - 8:00AM
OF SESSIONS: 15 **COST:** \$56.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Aug 5, 6, 7, 8, 9, 12, 13, 14, 15, 16, 19, 20, 21, 22, 23
COURSE DESCRIPTION: This course is an adult lap swim for the early riser. Start your day off with a water workout.

COURSE: #426 Early Morning Swim and Stay Fit - August/September
ROOM: Natatorium **DAY:** M, T, W, R, F
BLDG: DVHS **TIME:** 6:45AM - 7:45AM
OF SESSIONS: 9 **COST:** \$38.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Aug 26, 27, 28, 29, 30; Sep 3, 4, 5, 6
COURSE DESCRIPTION: This course is an adult lap swim for the early riser. Start your day off with a water workout.

COURSE: #427 Recreational Swim for Senior Citizens
ROOM: Natatorium **DAY:** R
BLDG: DVHS **TIME:** 1:00PM - 3:00PM
OF SESSIONS: 5 **COST:** Free to School District Residents
AGE REQUIREMENTS: Age 50 and above
SCHEDULED CLASSES: Jun 27; Jul 11, 18, 25; Aug 1
COURSE DESCRIPTION: This program is for any senior citizen who is age 50 or older. The pool will be made available for lap swim or recreational swimming in a seniors only environment. There is a fee of \$3 per person per swim for non-residents of the school district, which must be paid in advance. After completing registration, non-residents will be mailed a pool pass.
INSTRUCTOR: Grace Riexinger

COURSE: #428 Rusty Hinges
ROOM: Natatorium **DAY:** M & R
BLDG: DVHS **TIME:** 10:00AM - 11:00AM
OF SESSIONS: 11 **COST:** \$55.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Jun 24, 27; Jul 1, 8, 11, 15, 18, 22, 25, 29; Aug 1
COURSE DESCRIPTION: A water exercise program designed to increase range of motion in stiffening joints, increase body flexibility, and develop muscular strength. This course will consist of a series of gentle low impact aerobics. Older citizens might like to "Oil Their Rusty Hinges" with this water exercise program. This course will also benefit those who are told to exercise following surgery, fractures, etc. It is not necessary to know how to swim since all workouts are conducted in shallow water. Limited to 20 participants.
INSTRUCTOR: Grace Riexinger

COURSE: #429 Rusty Hinges
ROOM: Natatorium **DAY:** M & R
BLDG: DVHS **TIME:** 11:00AM - 12:00PM
OF SESSIONS: 11 **COST:** \$55.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Jun 24, 27; Jul 1, 8, 11, 15, 18, 22, 25, 29; Aug 1
COURSE DESCRIPTION: A water exercise program designed to increase range of motion in stiffening joints, increase body flexibility, and develop muscular strength. This course will consist of a series of gentle low impact aerobics. Older citizens might like to "Oil Their Rusty Hinges" with this water exercise program. This course will also benefit those who are told to exercise following surgery, fractures, etc. It is not necessary to know how to swim since all workouts are conducted in shallow water. Limited to 20 participants.
INSTRUCTOR: Grace Riexinger

**KEEP THIS CATALOG FOR START DATE,
TIME, AND LOCATION INFORMATION**

You will be notified only if your class is cancelled.



AQUATICS & SWIMMING

COURSE: #430 Water Aerobics
ROOM: Natatorium **DAY:** W & F
BLDG: DVHS **TIME:** 4:30PM - 5:30PM
OF SESSIONS: 12 **COST:** \$60.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Jun 26, 28; Jul 3, 5, 10, 12, 17, 19, 24, 26, 31; Aug 2
COURSE DESCRIPTION: This course is designed to increase cardiovascular activity, body strength, and flexibility through a progressive series of exercises. Limited to 16 students.
INSTRUCTOR: Grace Riexinger

COURSE: #431 Deep Water Aerobics
ROOM: Natatorium **DAY:** W & F
BLDG: DVHS **TIME:** 5:30PM - 6:30PM
OF SESSIONS: 12 **COST:** \$60.00
AGE REQUIREMENTS: Adults
SCHEDULED CLASSES: Jun 26, 28; Jul 3, 5, 10, 12, 17, 19, 24, 26, 31; Aug 2
COURSE DESCRIPTION: This course is designed to increase cardiovascular activity, body strength, and flexibility through a progressive series of exercises in deep water. Aqua belts are used to aid buoyancy. Students should feel comfortable in deep water for this course. Limited to 14 students.
INSTRUCTOR: Grace Riexinger

SUMMER DAY CAMP

Course #501 DAY CAMP WEEK 1: BEACH WEEK
ROOM: F Wing **DAY:** M, T, W, R, F
BLDG: DVMS **DATES:** Jun 24, 25, 26, 27, 28 (5 days)
GRADES: 1 to 6 (2019-2020) **TIME:** 8:30 AM - 4:30 PM
FULL DAY COST: \$145 **HALF DAY COST:** \$73.00
MORNING OPTION: 8:30AM-12:30PM; **AFTERNOON OPTION:** 12:30PM-4:30PM
COURSE DESCRIPTION: Students will be involved with reading, math, science, social studies, & physical activities. Students will also go swimming at the DVHS Natatorium 3:00PM -4:00PM. Each student is responsible for his/her lunch. Day camp will be held at the Delaware Valley Middle School and is available to students entering Grades 1 through 6 in the 2019-2020 school year.
INSTRUCTORS: Matthew Adelfio, Rebecca Ewald, Rebecca Fry, Martin Gurian, Peg Snure

Course #502 DAY CAMP WEEK 2: USA/FOURTH OF JULY WEEK
ROOM: F Wing **DAY:** M, T, W, F
BLDG: DVMS **DATES:** Jul 1, 2, 3, 5 (4 days)
GRADES: 1 to 6 (2019-2020) **TIME:** 8:30 AM - 4:30 PM
FULL DAY COST: \$122 **HALF DAY COST:** \$61.00
MORNING OPTION: 8:30AM-12:30PM; **AFTERNOON OPTION:** 12:30PM-4:30PM
COURSE DESCRIPTION: Students will be involved with reading, math, science, social studies, & physical activities. Students will also go swimming at the DVHS Natatorium 3:00PM -4:00PM. Each student is responsible for his/her lunch. Day camp will be held at the Delaware Valley Middle School and is available to students entering Grades 1 through 6 in the 2019-2020 school year.
INSTRUCTORS: Matthew Adelfio, Rebecca Ewald, Rebecca Fry, Martin Gurian, Peg Snure

SUMMER DAY CAMP

Course #503 DAY CAMP WEEK 3: SCIENCE WEEK
ROOM: F Wing **DAY:** M, T, W, R, F
BLDG: DVMS **DATES:** Jul 8, 9, 10, 11, 12 (5 days)
GRADES: 1 to 6 (2019-2020) **TIME:** 8:30 AM - 4:30 PM
FULL DAY COST: \$145 **HALF DAY COST:** \$73.00
MORNING OPTION: 8:30AM-12:30PM; **AFTERNOON OPTION:** 12:30PM-4:30PM
COURSE DESCRIPTION: Students will be involved with reading, math, science, social studies, & physical activities. Students will also go swimming at the DVHS Natatorium 3:00PM -4:00PM. Each student is responsible for his/her lunch. Day camp will be held at the Delaware Valley Middle School and is available to students entering Grades 1 through 6 in the 2019-2020 school year.
INSTRUCTORS: Matthew Adelfio, Rebecca Ewald, Rebecca Fry, Martin Gurian, Peg Snure

Course #504 DAY CAMP WEEK 4: THROUGH THE DECADES WEEK
ROOM: F Wing **DAY:** M, T, W, R,
BLDG: DVMS **DATES:** Jul 15, 16, 17, 18, 19 (5 days)
GRADES: 1 to 6 (2019-2020) **TIME:** 8:30 AM - 4:30 PM
FULL DAY COST: \$145 **HALF DAY COST:** \$73.00
MORNING OPTION: 8:30AM-12:30PM; **AFTERNOON OPTION:** 12:30PM-4:30PM
COURSE DESCRIPTION: Students will be involved with reading, math, science, social studies, & physical activities. Students will also go swimming at the DVHS Natatorium 3:00PM -4:00PM. Each student is responsible for his/her lunch. Day camp will be held at the Delaware Valley Middle School and is available to students entering Grades 1 through 6 in the 2019-2020 school year.
INSTRUCTORS: Matthew Adelfio, Rebecca Ewald, Rebecca Fry, Martin Gurian, Peg Snure

Course #505 DAY CAMP WEEK 5: EXPLORERS/PIRATES WEEK
ROOM: F Wing **DAY:** M, T, W, R, F
BLDG: DVMS **DATES:** Jul 22, 23, 24, 25, 26 (5 days)
GRADES: 1 to 6 (2019-2020) **TIME:** 8:30 AM - 4:30 PM
FULL DAY COST: \$145 **HALF DAY COST:** \$73.00
MORNING OPTION: 8:30AM-12:30PM; **AFTERNOON OPTION:** 12:30PM-4:30PM
COURSE DESCRIPTION: Students will be involved with reading, math, science, social studies, & physical activities. Students will also go swimming at the DVHS Natatorium 3:00PM -4:00PM. Each student is responsible for his/her lunch. Day camp will be held at the Delaware Valley Middle School and is available to students entering Grades 1 through 6 in the 2019-2020 school year.
INSTRUCTORS: Matthew Adelfio, Rebecca Ewald, Rebecca Fry, Martin Gurian, Peg Snure

Course #506 DAY CAMP WEEK 6: ANIMAL PLANET WEEK
ROOM: F Wing **DAY:** M, T, W, R, F
BLDG: DVMS **DATES:** Jul 29, 30, 31; Aug 1, 2 (5 days)
GRADES: 1-6 (2019-2020) **TIME:** 8:30 AM - 4:30 PM
FULL DAY COST: \$145 **HALF DAY COST:** \$73.00
MORNING OPTION: 8:30AM-12:30PM; **AFTERNOON OPTION:** 12:30PM-4:30PM
COURSE DESCRIPTION: Students will be involved with reading, math, science, social studies, & physical activities. Students will also go swimming at the DVHS Natatorium 3:00PM -4:00PM. Each student is responsible for his/her lunch. Day camp will be held at the Delaware Valley Middle School and is available to students entering Grades 1 through 6 in the 2019-2020 school year.
INSTRUCTORS: Matthew Adelfio, Rebecca Ewald, Rebecca Fry, Martin Gurian, Peg Snure

DV-ACE OFFICE HOURS ARE: MONDAY-FRIDAY 8:00AM -1:00PM

SECRETARY CONTACT INFORMATION: ELIZABETH (BETH) SHOMAKER
 CALL (570) 296-3615 OR EMAIL ESHOMAKER@DVSD.ORG

Please note: Secretary's office location has changed. Call to schedule an appointment before stopping by.



ATTENTION: CHANGE IN REGISTRATION PROCEDURES

Please be aware, as of spring 2019, DV-ACE registration (excluding summer camp) can now be completed online using a credit or debit card. Visit <https://www.dvsd.org/> and click on **DV-ACE Information** on the right-side menu or under the **Community** tab at the top of the page. If unable to register online, please mail the form below to DV-ACE along with your payment.

YOU WILL BE NOTIFIED ONLY IF YOUR CLASS IS CANCELLED - KEEP THIS CATALOG FOR START DATE, TIME, AND LOCATION

COMPLETE FORM AND MAIL TO DV-ACE, 252 ROUTE 6 & 209, MILFORD, PA 18337-9454

Please Note:

- * Make all checks payable to DV-ACE.
- * All out-of-district enrollees must pay a \$20.00 one-time fee per participant, with a maximum of \$60.00 per participant or family.
- * A separate registration form and check must be completed for each participant and each course.

Non-Resident Fee: \$ _____
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PARTICIPANT FIRST NAME: _____ LAST NAME: _____

MAILING ADDRESS STREET: _____

CITY/STATE/ZIP: _____

PHYSICAL ADDRESS (if different): _____

PHONE: _____ EMAIL: _____

COURSE TITLE: _____ COURSE #: _____

COURSE SCHOOL/ROOM LOCATION: _____ COURSE COST: _____

GRADE LEVEL (if applicable): _____ PARENT'S NAME (if applicable): _____

SELECT CAMP WEEKS (if applicable):

- | | | |
|---|---|---|
| <input type="checkbox"/> Course #501: Jun 24 - Jun 28 | <input type="checkbox"/> Course #503: Jul 8 - Jul 12 | <input type="checkbox"/> Course #505: Jul 22 - Jul 26 |
| <input type="checkbox"/> Course #502: Jul 1 - Jul 5 | <input type="checkbox"/> Course #504: Jul 15 - Jul 19 | <input type="checkbox"/> Course #506: Jul 29 - Aug 2 |

SELECT FULL- OR HALF-DAY OPTION:

- Full Day for (8:30 AM - 4:30 PM)
 AM Only (8:30 AM - 12:30 PM)
 PM Only (12:30 AM - 4:30 PM)

PLEASE NOTE: A separate registration form must be completed for each participant and each course!

The undersigned acknowledges that he/she is responsible for the proper utilization of the facility and equipment and acknowledges that there are inherent risks and dangers that may arise associated with this Adult/Community Education Class. I, the undersigned, willfully, voluntarily, and intelligently acknowledge the existence of risks in connection with this Adult/Community Education Class, the use of the facility and equipment, the personal injury due to the use of the facility and equipment, and do hereby assume such risk and agree to accept the responsibility for any injuries sustained.

Please sign below:

Signature _____ Date _____

OFFICE USE ONLY:

AMOUNT PD. _____ CASH / CHECK / MONEY ORDER # _____

NAME & ADDRESS IF DIFFERENT FROM ABOVE _____

NOTES _____

Date Received: _____ Received By: _____
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YOU WILL BE NOTIFIED ONLY IF YOUR CLASS IS CANCELLED - KEEP THIS CATALOG FOR START DATE, TIME, AND LOCATION